Skill Coverage Sheet

Skill Area	Date Covered								
A. Pitchers and Catchers									
1. Pitching drills									
2. Bunts/pop-ups									
3. Situations									
4. Runners on 1st and 3rd									
5. Steal/Throw to bases									
6. Blocking									
7. Passed balls									
8. Framing									
9. Throws home/blocking									
B. Infield									
1. Grounders/pop-ups									
2. Lateral movement									
3. Throws to 1, 2, 3, 4									
4. Going back on pop-ups									
5. IF/OF communication									
6. Bunt coverage									
7. Situations									
8. Rundowns									
9. Pick-offs									
10. Runners on 1st and 3rd									
11. Get the lead runner									
C. Outfield									
1. Flys/grounders									
2. Going back									
3. Balls hit between OFs									
4. Charge flys/grounders									

Skill Coverage Sheet

Skill Area	Date Covered								
C. Outfield (cont.)									
5. Throws to 1, 2, 3, 4									
6. IF/OF Communication									
7. Situations									
8. Back-ups									
9. Hitting the cut-off									
D. Hitting									
1. Hitting off tee									
2. Soft toss									
3. Batting cage									
4. Mechanics									
5. Live pitching/situations									
6. Bunts									
7. Slap hits									
8. On deck batter									
9. Hit and run									
10. Bunt and run									
E. Base Running									
1. Getting a good jump									
2. Stealing									
3. Delayed steal									
4. Tagging up									
5. Back to bag									
6. Listen to 1B Coach									
7. Picking up 3B Coach									
8. Hit/bunt and run									